

GRANFONDO

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# Professional bike tour

On the road of Tuscany for lovers only!

**TREKKING ...ON THE  
FOOTSTEPS OF BARTALI**



## Itinerary

### Day 1

#### Benvenuti!

Airport pick up  
Transfer to the Farmhouse in Lari  
Bike set up  
Evening welcome and dinner.

### Day 2

#### Ride 1 Lari/Castellina Marittima/Casciana Terme - 70 Km.

8.30-Breakfast  
9.00-Ride start from Lari. We leave from the farmhouse on bike. We cross by bike wheat fields and expanses of olive trees as far as the eye is: a unforgettable landscape. During the ride, we make stops to regroup and take on refreshments and snacks for the ride.  
13.00-Ride end  
14.00-Lunch and relax  
16.00 Activity - Wine testing - "Fattoria Uccelliera"  
19.00 Dinner

### Day 3

#### Ride 2 Lari/Castagno/Terricciola - 91 Km

7.00-Breakfast  
7.30-Ride start from Lari. Medieval village, villages where the time has stopped, rolling hills and steep climbs..this is today itinerary! During the ride, we make stops to take on refreshments and snacks for the ride.  
13.00-Ride end  
14.00 Lunch  
15.00-Massage -relax  
20.00 Dinner

**START: Pisa/Florence**  
**FINISH: Pisa/Florence**  
**DURATION: 6 days/5 nights**  
**ACCOMMODATION: Farm House/Resort**  
**Groupsize : max 10 participants**

#### Included:

- All meals: breakfast, lunch, snacks and dinners.
- Lodging at Farmhouse/Resort 3-4\*\*\*\*
- Full hydration and snacks during the bike rides
- Bike assembly and disassembly if needed at cost
- GRANFONDO Jersey and bids X 2 sets
- 1 or 2 guides
- SAG car
- n.2 Massages by sports therapist
- Daily laundry for jersey and bid
- 2 Off-the-bike activities to choose from: wine-tasting, olive farms , Pasta makers, Pisa or Florence visit.
- Basic health insurance for your stay
- Airport pickup and drop off
- 24H Team support

## Day 4

### Ride 3 Lari/San Giuliano /Lucca/Buti - 75 Km

7.00-Breakfast

7.30-Ride start from Lari. We cross by bike already known places in the past for the thermal water flowing from the depths of San Giuliano Terme . Enjoyed first by Etruscan and Romans and then by the Medici Family. Our trip continues to Lucca, mentioned by Dante in the "Divina Commedia".

During the ride, we make stops to regroup and take on refreshments and snacks for the ride

13.00-Ride end

14.00 Lunch

15.00-Massage -relax

20.00 Dinner

## Day 5

### Ride 4 Lari/La Sterza /Volterra/San Miniato - 120 Km

7.00-Breakfast

7.30-Ride start from Lari. La Sterza, natural stage known throughout the world with its "Theatre of Silence", a place of many Bocelli's concerts and San Miniato , not only medieval village but land of truffle also. These are the places we will cross.

During the ride, we make stops to regroup and take on refreshments and snacks for the ride

13.00-Ride end

14.00 Lunch

15.00-Visit of Pisa and olive oil tasting .

20.00 Dinner

## Day 6

### Bye Bye!

7.00-Breakfast and departure from hotel

9.00- Visit PARKPRE Italian Bicycles Factory

12.00 Lunch

14.00 Airport drop off / Visit to Pisa

(Airport drop off will be accordingly with each participants flights schedule)

### T-bike tour includes

- All meals: breakfast, lunch, snacks and dinners.  
Lodging at Farmhouse/Resort 3-4\*\*\*\*
- Full hydration and snacks during the bike rides
- Bike assembly and disassembly if needed
- GRANFONDO Jersey and bids X 2 sets
- 1 or 2 guides
- SAG car
- n.2 Massages by sports therapist
- Daily laundry for jersey and bid
- 2 Off-the-bike activities to choose from: wine-tasting, olive farms , Pasta makers, guided visit of historical tuscan city
- Basic health insurance for your stay
- Airport pickup and drop off
- 24H Team support
- tax

### **T-Bike tour not include**

- Insurance
  - Single room supplement
  - Flight
  - Municipal tax not included to be paid directly to the hotel
  - Anything not covered under "Prices include"
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#### **Dir. Tecnica e prenotazioni**

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